

Patient Application Instructions

BEFORE USING THE DEVICE, PLEASE READ THE INSTRUCTIONS FOR USE COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THE DEVICE.

APPLICATION INFORMATION

- The product is designed to be worn during normal everyday activities and sports.
- It can be worn over a sock.
- For additional support and optimal stabilization, we recommend wearing a closed shoe with the brace.
- The brace can be used with or without bilateral removable stays.

APPLICATION INSTRUCTIONS



1. Unfasten the twin straps.



2. Open the lace locking mechanism, loosen the laces and open the brace.



3. The bilateral stays can be removed completely, by popping their tips out of the guided pockets.



4. Unfasten the heel strap and slide your foot into the back of the brace.



5. Pull the laces to close the brace without tightening excessively to avoid any tourniquet effect.



6. Close the lace locking mechanism in place.

Patient Application Instructions



7. Cross the twin straps over the top of the foot once, then cross them a second time at the base of the calf before attaching the self-fastening tabs to the sides of the ankle brace.



8. In the event of discomfort in the ankle bone area, the position of the bilateral removable stays can be modified by sliding them above or below the stitch located at the bottom of the brace. Recommended stay position: lateral (external) stay at the lowest position and medial (internal) stay at the upper position.

INTENDED USE / INDICATIONS

Mild to moderate sprains of the lateral ligament, isolated syndesmotic injuries (Grade 1), initial management of chronic ankle instabilities, return to sports, prevention of re-injury, ligament instability, supination prevention.

WARNINGS AND PRECAUTIONS

Please see Instructions for Use for a full list of contraindications, warnings, and precautions.

- We recommend that the first application be made under supervision of a health care professional.
- If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult a healthcare professional immediately.
- Do not drive while wearing the brace as your ability to brake may be impaired.

CLEANING INSTRUCTIONS

Machine washable (40°C) at gentle cycle. Hook and loop of the straps should be closed for washing to avoid any damage.

INTENDED FOR SINGLE PATIENT USE

NOT MADE WITH NATURAL RUBBER LATEX

NOTICE

While every effort has been made in state-of-the-art techniques to obtain the maximum compatibility of function, strength, durability and comfort, there is no guarantee that injury will be prevented through the use of this product.

Individual results may vary. Neither DJO, LLC nor any of its subsidiaries dispense medical advice. The contents of this document do not constitute medical, legal, or any other type of professional advice. Rather, please consult your healthcare professional for information on the courses of treatment, if any, which may be appropriate for you.

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